

**Kenzo ODA : The Developmental Process of Community Care Policy (3) —
Considering the Care of Frail Elderly People in Britain —** 1—10

The structure and procedure of Community Care Policy for frail elderly people in Britain have developed care management system. In care management care assessment has very important roles. It gives accuracy of care and cost benefit effects. Care plan after the care assessment needs good team work for many professionals, for example general practitioner, social worker, district nurse and care worker. At the same time recent policy needs the problem of cost of community care. Therefore, many social security schemes support this policy, even though they are not complete.

Kiyoshi KINOSHITA : A Proposal of Treatments for First Attacks of Mental Disorders 11—18

Remarkable progress in tranquilizers has brought about a great advance in cures of mental disorders. But, on the other hand, this has caused a tendency to look down psychotherapeutic approach to mental patients. Especially, a lack of any psychotherapy for patients who have first attacks of mental disorders is an important problem.

Based on the above thought, I report some of my psychotherapeutic experiences concerned with patients, including psychoses. At the same time I consider some effects of psychotherapy. To sum up my consideration, a sympathetic interaction between a therapist and a patient for a long time produces a deep rapport between them. This is almost the same even if the patient is a schizophrenic.

For the sake of this approach, I think clinical psychologists are the most suitable. I consider this reason, too, in this paper.

And I make a proposal to support clinical psychologists.

Osamu SHIMADA, Takahiro HONO, Keiji TSUNASHIMA, Shigeru OBA, Shigeo YOKOYAMA and Shosuke WATANABE : The Assessment of the Effect of Day Care for Demented Elderly Persons — Its Significance and Perspective —

19—26

This article discusses the significance in the assessment of the effects of day care and its perspectives for demented elderly persons.

In Japan, the number of aged persons has been increasing. This issue is getting serious. One of the plans of mental health for them is day care, which is practiced in some places such as in health care centers for the elderly persons, and plays a very important role. However, we have not

systematically examined the effects of day care in some aspects of the demented elderly.

The main functions of day care are to help the elderly become more active and to reduce the load on their relatives as a care for them at home. It is very important to clarify the effects of participating in day care with these functions so that we can have some information to modify the care programs. We need to assess some positive aspects of behaviors in demented elderly persons, to have a common scale to assess them more easily among day care staff or relatives, and to use the method to assess with the observation of behaviors in addition to face-to-face interviews and questionnaires.

We propose to examine the relationship between the day care programs and their effects assessed with some kinds of scales for demented elderly persons as soon as possible. Based on the results, it is very important for us to consider various testing batteries of assessing mental and physical conditions in demented elderly persons.

Emiko SUZUI : The Role of Midwives in Antenatal Examination — Should Midwives Acquire Ultrasound Scanning Techniques ? — 27—33

In Japan, many pregnant women are examined by doctors using ultrasound ; because its use has been rapidly spreading in many countries, this technique is now considered necessary for diagnosis in antenatal examination. Thus, the majority of pregnant women are undergoing a routine ultrasound scanning during pregnancy. On the other hand, influenced by the media they expect the scan routinely. In addition, most pregnant women do not appreciate that antenatal examinations conducted by hospital midwives are still counter-checked by doctors and with scans. Midwives working in consultant units or hospitals have become handmaidens to the doctors.

In my practice I provided an independent antenatal examination and needed to acquire ultrasound techniques to gain my clients' confidence. I found that the scan is useful as an emotional support, provides a wonderful opportunity for health and parent education and is the best diagnosis of abnormalities in babies. If midwives acquire this technique, our practice is more independent, responsible and influential. However, many midwives still do not accept that midwives should acquire ultrasound techniques.

In my study, I explored what role midwives have in ultrasound scanning. In addition, I studied how useful the scan is as an emotional support, and in providing a good opportunity for health and parent education.

Shin MATSUMOTO : Viewpoints of Morphological Analysis — A Case of the Median Artery — 35—41

Several viewpoints of morphological analysis are discussed, illustrating the median artery. This artery exists in about 8% of all human adults, as phenomenon or variation. It is, however, very difficult to prove its formation genetically or mechanically. From the viewpoint of morphogenetic