

CONTENTS

Natural Sciences

- Reduction in Visceral Fat and Changes in Arterial Stiffness from Participation in a Health and Fitness Program** 1
Masahiro FUJINO, Miki TAKEUCHI, Jihyun CHUN,
Tsukasa TOBARU and Mitsushiro NAGAO

Social Sciences

- Nurses' Perception of Necessary Factors in Gaining Consent from Patients:
Verbal-mediated Communication and Non-verbal Communication** 9
Kenji TAKAO, Manabu MIZUKO and Yoshihiro KANEMITSU
- Current Status of House Fire Deaths among the Elderly** 15
Fumio MORIYA
- Prevalence of Problematic Behaviors in the Ambulant Elderly with Dementia** 27
Yumiko OKUMURA, Junko KUZE and Kyoko HIGUCHI