## CONTENTS

Natural Science	
Effects of Sitting Posture on Sitting Pressures and Electromyograms	1
Masatomi MATSUMOTO and Yoshinori SAITO	
A Comparison of Current Drug Testing Programs in the MLB, NBA and NFL	ć
Michael KREMENIK	
Exercise Training Suppresses Expression of Tumor Necrosis Factor- $\alpha$ mRNA by	
Adipocytes in Noninsulin-dependent Diabetes Mellitus Mice	19
Hiroshi AMAOKA, Hiromi MATSUZAKI, Hiromi YANO and Sho ONODERA	
Social Science	
EQ Scores of the University Students belonging to the Dept.	
of Medical Social Work	23
Hiroko YOSHIDA	
Language and Literature	
Report on Classroom Activities: Improving English Production by	
Having Learners Contrast Japanese and English Expressions from a Manga	31
Misuzu MIYAKE	