

This paper shows that the Japanese system has succeeded in achieving equal treatment in medical care. This paper also shows that the determination of equity depends on the value judgement about each individual in the society.

**Shinji MIYAHARA : Outcome of Countermeasures for Smoking — Experience in Nishitosa-mura Village, Kochi Prefecture —** 261—272

“Countermeasures for smoking” in Nishitosa-mura Village, Kochi Prefecture, was not merely an ant-smoking/non-smoking campaign but was a part of comprehensive strategy for health promotion. Self-motivated behavioral modification was promoted by encouraging people in the community “to promote health and cope with the disease” and urging them to make an informed choice between smoking and non-smoking.

After a decade of such activities the percent of smokers and also tax revenues tobacco have decreased remarkably, and the medical costs reduced under the national health system.

Empowerment of people in the community for health promotion plays an essential role in realizing success for the “countermeasures for smoking”.

**Kyoko SASANO, Tomohisa SASANO and Shigeru SUEMITSU : A Study of the Service for the “Movable” Severely Mentally and Physically Handicapped — through Surveys in three Hospital-homes —** 273—284

The purpose of this paper is to report on a current investigation of the “movable” severely mentally and physically handicapped people in three different hospital-homes. Studies were conducted on the condition of residents, recent admission and discharge policies, respite care and the variety of the services. The result shows that most of the residents need a great deal of daily care, but new and incoming clients need a much more complex service for daily care, medical problems and behavior disorders. In conclusion, we suggest the following changes be implemented to improve the care system for these people: 1) Co-operation among the concerned organizations in the area. 2) An information network among the hospital-homes involved. 3) A revision of the criteria for the institutionalization of the severely mentally and physically handicapped in hospital-homes, 4) Reorganization of the function of the department for “movable” people in hospital-homes.