

Table 2. Relevant parameters for slumped and co-contraction sitting recorded by the "Spinal Mouse"

	TC	LC	SA
slump	37±7°	21± 8°	-28±4°
co-contraction	33±7°	0±14° *	-18±4° *

Vales are means ± SD (standard deviation)

*; p<0.05 (compared with slumped sitting)

TC: Thoracic Curvature (T1-2 to T11-12)

LC: Lumbar Curvature (T12-L1 to the sacrum)

SA: Sacral Angle